**Our Daily Schedule**

(This schedule is a suggested guide to aid your preschooler in remaining engaged and motivated during the school closure. Please feel free to use any or all suggested activities to minimize behavior and increase learning. Please call me at (702) 755-0040 for any questions or concerns).

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| Before 9:00 am | Good Morning Routine | - Wake up and perform your morning routine. For example-wash face, brush teeth, change clothes. Try to perform these steps on your own. |
|  | Breakfast | - breakfast – help your family make breakfast, enjoy your time with them and help to clean up. |
| 9:00 – 9:20 | Circle Time Songs  Make eye contact, wave to family members and say “hi.”  Sing and move to the ABC’s.  Sing and move to the color song.  Sing and move to numbers.  Sing and move to verbal imitation.  Make eye contact, wave to family and say “bye,” “bye” | -Good Morning to you (1:51)  <https://www.youtube.com/watch?v=xFFbWH3niaI&t=17s>  - ABC Rock Song (1:41)  <https://www.youtube.com/watch?v=iSKcUJOF-Dw>  -Color Farm (2:16)  <https://www.youtube.com/watch?v=dubeHMIo2wc&t=21s>  -Number Rock (1:45)  <https://www.youtube.com/watch?v=9PA3RsVVdh8>  -The Wheels on The Bus (3:48)  <https://www.youtube.com/watch?v=e_04ZrNroTo>  Bye Bye Goodbye (2:00)  <https://www.youtube.com/watch?v=PraN5ZoSjiY> |
| 9:20 – 9:40 | Academic Centers | Utilize one of these suggestions or create something of your own: have student play with shapes, numbers, sounds games or toys, identify letters uppercase or lowercase, trace magnetic letters or words around the house, count objects around the house-buttons, crayons, pencils, paperclips, safe tangible objects they can hold. Sing songs that they enjoy reinforcing eye contact, movement, laughter, singing, language, communication. |
| 9:40 – 10:00 | Playtime and clean up | Provide student with a break with preferred objects as a reward for staying on task, completing activities, and following directions.  -Play the cleanup song when it is time to clean up: <https://www.youtube.com/watch?v=oY-H2WGThc8> |
| 10:00 – 10:30 | Outside Play and clean up | Backyard, inside patio, extra room – blow up balloons, soft balls to bounce, make an obstacle course with old sheets and chairs, musical chairs, hot potato game, red light green light, etc.  -and, play the cleanup song when it is time to clean up: <https://www.youtube.com/watch?v=oY-H2WGThc8> |
| 10:30 – 11:00 | Hands on Activity and clean up | Utilize one of these suggestions or create one of your own: make homemade playdoh with student, make a craft, rip or cut activity, glue activity, bake something and have student help, make a sensory bin, color a coloring page, sort colors or objects into cups.  -Play the cleanup song when it is time to clean up: <https://www.youtube.com/watch?v=oY-H2WGThc8> |
| 11:00 – 11:30 | Lunch and clean up | Have student help to prepare lunch and enjoy.  -Play the cleanup song when it is time to clean up: <https://www.youtube.com/watch?v=oY-H2WGThc8> |
| 11:30 – 12:00 | Storytime | Bring up the storyline of books and have student choose a book to listen to. Encourage student to listen to another if they would like.  <https://www.storylineonline.net/> |
| 12:00 – 1:00 | Free Choice Time and clean up | Sensory activity – play with water and objects, make bubbles with dish soap, bubble machine, or blow bubbles, play in sand or mud with plastic cups, finger paints, shaving cream on the table or floor, dance to favorite music, musical instruments, play dress up, trains, blocks, books, dinosaurs, iPad, computer games, puzzles, what ever you have available and make it fun!  -and, play the cleanup song when it is time to clean up: <https://www.youtube.com/watch?v=oY-H2WGThc8> |
| 1:00 – 1:30 | Outside Play and clean up | Backyard, inside patio, extra room – blow up balloons, soft balls to bounce, make an obstacle course with old sheets and chairs, musical chairs, hot potato game, red light green light, etc.  -and, play the cleanup song when it is time to clean up: <https://www.youtube.com/watch?v=oY-H2WGThc8> |
| 1:30 – 2:00 | Snack Time and clean up | Have student help with snack and enjoy.  -and, play the cleanup song when it is time to clean up: <https://www.youtube.com/watch?v=oY-H2WGThc8> |
| 2:00 – 2:05 | Goodbye Song | Assist the student with closing the days activities by saying goodbye with a song.  <https://www.youtube.com/watch?v=yHbZUixezAw> |

If you would like to begin a daily schedule at home, it is recommended that you begin at a slow pace that is consistent so that your child understands the expectation of the activity or task. Again, I am here to help and a phone call away.

**Potty Training Tips**

Please keep in mind that all children are different and will develop these skills when they are ready. If you would like to begin potty training at home, please contact me so that I may share your child’s successes while here at school. If you are unable to potty currently, please do not worry. We will resume potty training for your child upon returning to school.